

# SportsFive.NET

Lacrosse in NYS Section 5 Newsletters

## FALL ACTIVITY



With the falling leaves, information starts to pick up on the scholastic lacrosse scene. Appearing on the front page of Sportsfive.NET are stories including:

- The US Lacrosse Hall of Fame dinner, honoring the class of 2011, which will take place on November 4th.
- The National Letter of Intent fall signing period runs from November 9th to November 16th. Our list shows more than a dozen players who may be signing letters.
- There are only a couple of days left for players to apply for the National 175 tournament to be held next summer.
- Finally, Coach Wilson has updated his well read article from 2007 on lacrosse scholarships. You may want to read "Doing the Scholarship Math".

We hope that in our next issue, we will have some special reports from the NLI signings.

## HALL OF FAME CLASS OF 2011 ANNOUNCED

The Greater Rochester Chapter of US Lacrosse has announced the Hall of Fame Dinner for the Class of 2011 which will be held on November 4, 2011 at the Burgundy Basin Inn in Pittsford. This class honors four people with strong coaching credentials. The honorees are Dr. Jeanne DelSignore, Peter Lasagna, Shawn Nadelen and Rob Randall. Their full bios are on our [front page](#).

**Dr. Jeanne DelSignore** has coached many local teams as well as US Lacrosse Rochester U-13 and U-15 festival teams as well as all-star teams in regional, state and national tournaments. In 2009, she served as the National US Lacrosse Ethics Advisory Chair and spearheaded the development of the first Code of Ethics for US Lacrosse.

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**Peter Lasagna** spent a number of high school years in Brighton before attending Brown University. He coached at Brown for eighteen years. He was named the USILA national Coach of the Year for Division I in 1994 and NEILA (New England) Coach of the Year in 1994 and 1995. In 2002, Peter was inducted into the New England Lacrosse Hall of Fame. Lasagna was named NESCAC Coach of the Year in 2005. This year he enters his 12th season as Head Coach at Bates College. His monthly column, "Take My Whistle, Please!", for the award-winning Inside Lacrosse magazine, has appeared since 2001.

While at Rush Henrietta High School, **Shawn Nadelen** was 1996-97 AGR Defensive Player of the Year in Football and a 1997 All-American Midfielder in Lacrosse. He was graduated from Johns Hopkins University in 2001 where he was a four year starter and captain, playing both midfield and defense. He led the Blue Jays to two trips to the NCAA Final Four and was named a USILA All American in 2001. He played in the MLL and on Team USA in 2010. He was recently named Head Coach at Towson.

**Rob Randall** is a well-known coach at Nazareth College where he has compiled a record of 138-48 with seven NCAA Tournament appearances and six Empire 8 Conference titles. He has been chosen E8 Coach of the Year four times. He was a scholastic standout as a player at Irondequoit High School, then went on to earn junior college All-America honors at Herkimer County Community College before finishing his career at Nazareth in 1987. He served on the NCAA Rules Committee from 2003 through 2008; has been active on the USILA's All-American and national rankings committees, serves on the executive board of the Intercollegiate Men's Lacrosse Coaches Association, is on the NCAA Championships Committee and is the college liaison on the local US Lacrosse board.

The **Rochester Chapter of US Lacrosse** has honored local lacrosse recipients since 1992. Reservations for the November 4th dinner can be made through the Chapter web site.



## FALL SIGNINGS START NOVEMBER 4TH

The National Letter of Intent fall signing period runs from November 9th to November 16th. Our list shows more than a dozen players who may be signing letters.

The National Letter of Intent is a "binding agreement" between scholarship players going to D-1 and D-2 schools and their colleges/universities. Not every player going to a D-1 or D-2 school signs a letter and not all schools are part of the national program overseen by the NCAA (Eligibility Center). There is a wealth of information at the [NLI web site](#).

Last year, SportsFive.NET began covering the signing events. None have yet been scheduled, but if you know of a planned signing, have the organizers contact Paul Wilson at [wilson@sportsfive.net](mailto:wilson@sportsfive.net) to see if the event can be covered.



## DOING THE SCHOLARSHIP MATH

And, speaking of Coach Wilson, we has updated his often read and circulated article on lacrosse scholarships. First published in 2007, the article has been updated to reflect the rise in popularity in the sport, especially at the high school level. Not a great deal has changed over the years, and as difficult as it may have been in 2007 for a great high school player to get money from a college, it may be even harder today.

Check out his article on the front page of [SportsFive.NET](#).

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## SPREAD THE WEALTH SHARE THIS NEWSLETTER



Now that the scholastic season has ended our newsletters will become a "once-in-a-while" publication. We will be sending out issues as we post interesting articles to the front page.

We are happy to send this newsletter to fans of Section Five Lacrosse. If you find it an interesting reminder of what's going on in high school lacrosse, please use the link below and send a copy to your friends. They will see a copy of this edition and will be able to sign up for their own subscription. . . or perhaps they'll throw it in the trash and "unfriend you" on their Facebook page. The "Forward to a Friend" link is at the bottom right corner of this newsletter.

Fans can also sign up (and see previous editions) from a link on the "[Feature Page](#)".

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